

People believe they understand the world more deeply than they actually do and only realize that this belief is an illusion when they attempt to explain elements of the world to someone else.

Illusion of Explanatory Depth

Instinct Blindness

The lack of attention and resulting lack of memory traces from tasks that have become automatic.

A network of brain structures responsible for the inattentive wandering of our minds.

Default Mode Network

Modular Mind

The concept that a mind is composed of modules which have distinct established functions and specialized mechanisms designed by evolution to cope with certain recurring adaptive problems.

The tendency to interpret new evidence as confirmation of one's existing beliefs or theories.

Confirmation Bias

Myside Bias

The tendency to search for, interpret, favor, and recall information in a way that confirms one's pre-existing beliefs or hypotheses.

The concept that the behavior of an organism is often better interpreted in terms of what worked in the past, rather than what should work in the future.

Executers

Pattern Recognition

Pattern Recognition, an innate ability in all animals, is the process of interpreting and understanding sensory information. Their strength in this trait likely gave humans an evolutionary advantage over other animals, and so this little book.

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